

Work-related Drug Tests

Drug testing carried out by Work Health Solutions Ltd is completed in accordance with the Australian/New Zealand Standard AS/NZS 4308:2008 Procedures for specimen collection and the detection and quantitation of drugs of abuse in urine.

The testing includes informing the individual the process to be undertaken, their rights, and having them sign a consent to release information in accordance with the requirements of the standard.

Instant (onsite) drug screening:

An instant drug test is completed at the time of the appointment. An approved 'instant drug test kit' is used and if the results for all substances are negative, no further testing is required. If the instant results is 'not-negative' the sample is sent to an approved laboratory for confirmation (ESR).

"Negative" result = No further testing is required, and you will be advised of the

outcome at the completion of the testing.

"Not-Negative" result = Specimen will be sent to a laboratory for confirmation. The

results may take between 1 – 3 working days, depending on how much testing the lab needs to complete to determine the

outcome.

If your company has a different policy for "not-negative" results that you need us to comply with, then please let us know <u>before</u> the appointment.

Laboratory Specimen Collection

Some companies choose laboratory screening for drugs. The specimen is collected by Work Health Solutions Ltd and is sent to an approved lab for processing. This is also carried out in accordance with the standard Australian/New Zealand Standard AS/NZS 4308:2008 Procedures for specimen collection and the detection and quantitation of drugs of abuse in urine.

A company may choose to have their results sent either to the appropriate person within their company or to Work Health Solutions Ltd who will forward the results to the company and retain on their medical files.

Anyone being sent to Work Health Solutions Ltd for drug testing should be advised of the following:

- 1. Bring photo ID (drivers license / passport / company ID etc.)
- 2. We recommend drinking a glass of water I hour prior to an appointment but do not drink excessive amounts (e.g. a whole water bottle) as this will affect the test result. Then they may need to come back for a repeat test.
- **3.** If the specimen provided does not pass the integrity test, they may be required to remain until they can produce another sample or come back for another test. Their appointment will need to be rescheduled. There will still be a charge for this.
- **4.** Bring a list of all medications/ herbal remedies they are currently on (including any over-the-counter medication such as Panadeine, cold & flu tablets).
- 5. Charges will apply whether they attend the appointment or not (appointments can be cancelled up until 24 hours prior to the scheduled appointment and not incur charges).